



JULY 2017 NEWSLETTER - "CELEBRATING 21 YEARS!"

A WORD FROM KIM

Happy 150th Birthday Canada! I am so proud to live in such a beautiful country. I would like to give a special shout out to my mother Patricia Hall. She will also be celebrating her 75th birthday on July 1st! My oldest daughter said to me, "Nana is half the age of Canada!" How cute is that...from the mouths of babes!

I recently attended a wonderful convention for Denturists called, 'Perfecting Your Practice'. I gained some very knowledgeable information from the seminars, as well as the vendors and other Denturists from across Canada. It was educational and well worth my time!

As the kids are out of school for summer vacation, I look forward to spending my weekends at the cottage. Hopefully, we get some warmer weather soon, because I need to cut my lawn, which is one big lake right now! Our office will be closed for holidays the week of August 7th.

There will be lots of exciting festivities going on around town this weekend to celebrate Canada Day! I hope that you get to enjoy it! Also, July 28-30th is the 23rd annual Elvis Festival. This year is the 40th anniversary of his passing.

Have a wonderful month!

Kim



HOW TO ELIMINATE DENTURE ODOR

Bad breath from denture odor can be frustrating and embarrassing! We tell our patients to treat dentures like your natural teeth. Develop a routine of cleaning them after meals and before bed. This will help to keep bacteria and plaque from forming. If dentures are left in your mouth for an extended period of time, you will notice an unpleasant smell and a foul taste in your mouth. Taking care of your dentures properly will help prevent this problem.

To ensure fresh breath and odor free dentures, remove them after every meal and rinse well. If using adhesive, always remove it all and clean before adding any more. Use a soft brush to cleanse inside and outside of the plate. Do not use toothpaste, as it is abrasive and could leave tiny scratches on the denture teeth. For best results use a special cleaner that is designed for dentures. There are many types of cleaning products available on the market. We recommend that you use what best fits your routine.

For extra tough stains, book an appointment at our clinic, to have a professional cleaning and disinfection of your dentures. You will be amazed!

RECIPE

ITALIAN ICE POPS

1 1/2 cups raspberries	'Simple Syrup'
1/4 cup chopped mint leaves	1/4 cup water
1 1/2 tbsp. lemon juice	1/2 cup sugar
2-4 tbsp. 'Simple Syrup', recipe follows	Boil 5 minutes
14 popsicle sticks	



In a blender combine the raspberries and the mint. Puree until combined. Add the lemon juice and 3 tbsp. of the 'Simple Syrup'. Blend to Combine. Taste the mixture and add the remaining 'Simple Syrup', if you like. Spoon the mixture into an ice cube tray and freeze for approximately 30 minutes or until partially frozen. Insert popsicle sticks and return trays to the freezer for another 3-5 hours. These Italian Ice Pops are delicious on a hot summer day! Enjoy!

VOLUME 3, ISSUE 7



Kim Dadswell
Denturist

KIM DADSWELL, DD

We have a full service denture lab on the premises which is cost effective for our patients.

If you like our service, "please tell someone". If you don't, then "please tell us".

Call our office to schedule an appointment that is convenient for you.

Our practice continues to grow by referrals from our patients.

DENTURE CLEANER

There are many excellent denture cleaners on the market. We sell and promote Nova Dent. It is a deep cleaning solution that works well and it's easy to use. Each box is a two months supply and sells for only \$10.00. It simply takes 15 minutes to soak your dentures and it is safe to leave them in the solution overnight.



HAPPY 150th
BIRTHDAY
CANADA!



"WE LOVE TO MAKE YOU SMILE"