



A Word from Kim

Welcome to this edition of our April Newsletter! Spring has sprung and it is officially here! The days are getting longer and the weather is getting warmer! April is shaping up to be a very busy month. It is both Cancer and Oral Awareness month world wide. Our clinic uses a VELscope Intraoral Scanner to detect oral cancer and malformations. It is a non-invasive procedure and takes only minutes to perform.

Next weekend I will be attending the Technorama Conference in Markham. This is an annual general meeting for all Denturist's in Ontario. We learn about new and improved techniques in the industry as well as get a chance to meet our vendors where they introduce their new products. It is important for us to keep up-to-date with continuing our education.

The Kinettes are also hosting Diva on a Dime again this year. This event will take place at Exchanging Vows located at 246 Hurontario Street on Sunday April 23 @ 11:00. There will be new and gently used dresses available for affordable prices. If you are looking for a special dress to wear to an event such as; Prom, Grad, Wedding, etc. then check it out! There will also be a seamstress on hand for alterations. Donations will be accepted at; our clinic and Exchanging Vows. For more information, please contact Kim or a Knette at; kinetteclubofcollingwood@hotmail.com.

"We Love To Make You Smile!"

Happy Easter,
Kim



The Importance of an Oral Screening

Oral Cancer is on the rise in every age demographic. People over the age of 40 have a high risk of developing oral cancer, while people over the age of 60 are at the highest risk. Some risk factors are; age, smoking, alcohol, HPV, diet and sun exposure. Common symptoms are; sores in the mouth that don't heal within two weeks, dark red or white patches in the mouth, lumps located on the lips, tongue or neck, bleeding in the mouth, sore throat and difficulty with swallowing.

Scanning is non-invasive procedure that can be performed using a VELscope Intraoral Scanner. The VELscope allows a dental professional to see abnormalities not visible with the naked eye in ordinary lighting and photograph it. The VELscope helps to ensure that the delicate tissues of your mouth are healthy and protect you from oral tissue abnormalities including oral cancer and pre-cancer.

The handheld device emits a harmless bright blue light which is used to inspect the mouth and tongue. The device is sensitive to abnormal tissue changes and the distinctive blue-spectrum light causes the soft tissue (oral mucosa) of the mouth to naturally fluoresce. Healthy tissues fluoresce in distinct patterns that may be visibly disrupted when tissue undergoes an abnormal change (which can occur in the oral mucosa for a multitude of reasons,) such as when associated with dysplasia or oral cancer.

Screenings should be performed annually on all adults. They are painless, quick inexpensive and can be life saving if something is detected early. Take control of your health and call to book your appointment for a VELscope screening soon.

Recipe



4 INGREDIENT EASTER FUDGE

- 12 oz bag of chocolate chips
- 14 oz can sweetened condensed milk
- 1 1/2 cups marshmallows
- 1 1/3 cups mini candy coated chocolate eggs (10 oz bag)
- 1 tsp vanilla (optional)



In a microwave safe bowl, add chocolate chips then pour sweetened condensed milk over it. Microwave on high for 2 1/2 to 3 minutes. Stir hot chocolate chips and sweetened condensed milk until smooth. Add marshmallows and stir only until evenly distributed. The marshmallows will puff because the mixture is warm. Over mixing will cause the marshmallows to dissolve. Line 8"x8"pan with parchment paper. Place 1/2 the mini chocolate eggs at the bottom of the pan. Pour fudge mixture over the top and smooth out and place the remaining mini eggs on top. Chill until set (about 30-45 minutes) then cut into pieces. Enjoy!



Kim Dadswell, Denturist

We have a full service denture lab on the premises which is cost effective for our patients.

If you like our service, "please tell someone". If you don't, then "please tell us."

Call our office to schedule an appointment that is convenient for you.

Our practice continues to grow by referrals from our patients.



Helpful Tips

Are you guilty of taking out your dentures and wrapping them up in Kleenex? If so, you aren't alone! Did you know that by doing that there is a high risk of losing your dentures? What happens, is that patients forget that they have wrapped them up and then tend to throw the tissue out, forgetting that their dentures are in there. If dentures aren't in your mouth, then they should be kept in a container filled with water to keep them moist. This way they won't dry out and you will know where they are!



"We Love To Make You Smile"