



## A Word from Kim

Seasons Greetings! With less than one month until Christmas, now is a good time to start hinting to your family and loved ones that we sell gift certificates in any denomination. Gift Certificates can be applied toward any Denture Service such as new Dentures, Relines, Repairs, Mouth Guards, etc. They can be purchased directly at our clinic or online at [www.ShopCollingwood.com](http://www.ShopCollingwood.com)

We are selling Christmas Draw tickets at \$2.00 each to support the G & M Hospital! The grand prize is a \$3000.00 shopping spree from one of these generous sponsors; Carlson Wagonlit Travel, Leon's or Napoleon Home Comfort! There are hundreds of prizes to be won and the draw will be held on Friday December 23rd! Drop by our clinic to get your ticket. Good Luck!

The famous Rheo Thompson Mint Chocolate Smoothies made in Stratford are back. They are \$2.00 each and make great stocking stuffers!

We will be closed for holidays as of December 23rd and back in the clinic on January 9th. On behalf of myself and my staff, I would like to wish you all a wonderful holiday season and a Happy New Year!

"We Love To See You Smile!"

Happy Holidays,

Kim



## When to get a Reline after an Immediate Insert?

We all know that an Immediate Denture is to avoid the situation of being without teeth. This involves taking impressions of your mouth while your natural teeth are still present. A denture is then fabricated to the likeness of your natural teeth.

When your natural teeth are extracted, your Immediate Denture is then inserted. In this technique, you have avoided having to go without any teeth while you go through the year long healing process.

### Things you should know about Immediate Dentures...

Since the denture cannot be tried in prior to extracting your teeth, certain aesthetic compromises may be necessary. As healing occurs, the oral tissues recede and the gums will shrink, thus adjustment appointments may be required. It is important to note that your denture does not change its shape. It will become loose due to shrinkage of your gums. To maintain the best fit and comfort a temporary liner or tissue conditioner may be placed in the denture. During the next few months, bone and gum tissue will probably continue to shrink to some degree; however the rate of change decreases with time. This is a natural occurrence, which is to be expected.

After the healing process is complete, which takes an average time of one year, then a reline or rebase will be required to ensure the most comfortable fit possible. At this appointment, we will remove any temporary liners that might have started peeling and take a new impression, so that we may have an exact fit of how your gums have changed. We will then reline (refit) the denture. This is an additional cost and usually takes one full day to do, as we have a full service denture lab on the premises.

## Recipe

### SENSATIONAL TRUFFLES



2 1/2 pkg. (225 g each) Baker semi-sweet chocolate divided  
1 pkg (250 g) Philadelphia Brick Cream Cheese, softened



Melt 1 pkg chocolate as directed on pkg. Beat cream cheese in medium bowl with mixer until creamy. Blend in melted chocolate. Refrigerate 1 hour or until firm.

Cover baking sheet with waxed paper. Shape chocolate mixture into 36 balls, using about 2 tsp for each. Place in single lay on prepared baking sheet.

Melt remaining chocolate. Use toothpicks to dip truffles in chocolate; return to tray. Decorate as desired. Refrigerate 1 hour or until chocolate is firm. Enjoy!



**Kim Dadswell, Denturist**

**We have a full service denture lab on the premises which is cost effective for our patients.**

**If you like our service, "please tell someone". If you don't, then "please tell us."**

**Call our office to schedule an appointment that is convenient for you.**

**Our practice continues to grow by referrals from our patients.**



## Helpful Tips

What NOT to do with your Denture, if you use denture adhesive...

Do not over apply the product! If you do, you will have one big sticky mess that is difficult to clean. If you have a complete denture, apply three dots, one in the middle and one on each side. Press your denture into place, hold firmly and bite down for a few seconds to secure. By applying only dots onto the denture, it will spread within and there will not be an overflow. For partial dentures apply only two dots on either side of the denture to avoid an overflow of the product.

**We Love To Make You Smile**

