



A Word from Kim

Hello everyone! This has been a spectacular summer and it's hard to believe that we're still having such beautiful weather! With Fall just around the corner and the children back to school, it's time to get back into our regular routines again. As oral health leads to good overall health!

This month I am eager to share, 'Why the importance of providing patient medical information is necessary to us. Quite often patients will ask me, 'Why do I need to know what medications they take?' This is an excellent question and I thought that it would be a great topic of interest. All of the information that is provided to us is kept private and confidential. I will explain how many medications affect the fit of the denture and how that will help me determine what is the best denture treatment for you.

My staff & I take pride in providing the best possible denture care to ensure optimum oral health. We offer a wide variety of services with having a full service denture lab on the premises.

Thank you for your continued support and we look forward to seeing you soon!

We gladly welcome all referrals!



All the best, & Happy Labour Day!

Kim



Kim Dadswell, Denturist

We have a full service denture lab on the premises which is cost effective for our patients.

If you like our service, "please tell someone". If you don't, then "please tell us."

Call our office to schedule an appointment that is convenient for you.

Our practice continues to grow by referrals from our patients.

The Importance of Patient Medical Information

It is important to keep your Denturist up-to-date on your health and medications. Why, you might ask? The Denturist is a trained professional and will see much more than just your teeth upon doing an oral exam. Some health related conditions that show up in the mouth include: diabetes, digestive issues, oral diseases such as cancer, herpes, etc. To put this in perspective, some signs of diabetes that we see are: sudden tooth decay, gum disease, dry mouth, thrush, lesions in the mouth and more. We take all of these conditions into consideration when planning your denture treatment.

Some oral diseases can be detected by using the Velscope scanner. It is quick, painless, takes about two minutes and can be life saving.

Did you know that some over-the-counter drugs and prescription medicines can affect how your dentures fit? Many medications can reduce the supply of saliva in your mouth making it difficult to chew, swallow and retain dentures. A Denturist can recommend solutions or products on the market that can help with this issue.

Infection control is of the utmost importance. This is particularly true of Hepatitis B, Hepatitis C, HIV/ Aids, Influenza and other contagious diseases/illnesses. For the safety of our practice, we protect our patients and staff by following proper procedures from CDO for sterilization, wearing masks, gloves, and using disposable single use items where possible.

Communication regarding your health issues are essential to us. If you've had weight loss, recent surgery or if you are currently undergoing medical treatment such as radiation or chemotherapy etc, together we will discuss and determine the best solution for you. Your Denturist plays a very important role in your health care team and will strive to provide you with the best possible denture care.



Helpful Tips

Avoid dry mouth, stay hydrated! Studies suggest dry mouth may cause irritations of the mouth and gums which increase chances of bacterial decay. Denture wearers reportedly experience dry mouth on occasion. It is important to stay hydrated so your body can replenish fluids like saliva. The general rule of thumb is to drink at least 8 ounces of fluids daily. Also check with your physician if you are taking any medications that contribute to dry mouth. It is important to keep your mouth moist to avoid dry mouth!

Recipe



APPLE PECAN PORK CHOPS

4 Boneless pork loin chops cut 3/4" to 1" thick

Salt & Pepper

2 tablespoons butter

1 cup thinly sliced medium red apple

1/4 cup chopped pecans

2 tablespoons packed brown sugar

Trim fat from chops. Sprinkle chops with Salt & Pepper. In a large skillet melt butter over medium heat until it sizzles. Add apple. Cook & stir for 2 minutes. Add chops, cook for 4 minutes. Turn chops. Sprinkle with pecans & brown sugar. Cook covered for 2-4 minutes. Enjoy!

"We Love To Make You Smile"

