



A Word from Kim

Seasons Greetings! Christmas is quickly approaching and now is probably a good time to start thinking about gifts for our loved ones. Not sure what to buy for that special someone who has everything? Have you thought of helping a loved one towards the cost of a new denture? For your convenience, we sell Gift Certificates. Gift Certificates can be applied toward any Denture Service such as new Dentures, Relines, Repairs, Mouthguards, etc. They are available in any denomination and can be purchased directly at our clinic or online at www.ShopCollingwood.com. Your contribution can bring much joy to that special someone.

It's that time of year again! 95.1 The Peak FM is having their 36th Annual Christmas Draw! All proceeds to support the G&M Hospital Foundation. The Grand Prize is a Stainless Fridge, Stove & Dishwasher valued at \$3,000.00! Plus there are hundreds of more prizes to be won! We are selling tickets at the Denture Clinic and they are only \$2.00 each! Stop by to get your tickets! Good Luck!

Guess what's back in town? The famous Rheo Thompson Mint Smoothies... They are only \$2.00 each and we have them available here @ Dadswell Denture Clinic or contact a Collingwood Kinette today to get yours. Please let us know if you would like any of these delicious Mint Smoothies. They make great stocking stuffers or hostess gifts!

My staff and I will be taking some time off during the holidays to spend with our families. We will be closed from December 18th and back in the clinic on January 4th. On behalf of myself and my staff, I would like to wish you all a wonderful holiday season and a very Happy New Year!



Happy Holidays,

Kim



When Is It Time To Get A Replacement Denture?

As a rule dentures should be replaced on average between five and seven years. Some of the causes for replacement are teeth wearing down and changes in the patients mouth. Quite often patients learn to live with improper fitting dentures as they believe that dentures are supposed to last forever! Nothing lasts forever! Some signs to look for are; dull, missing, loose or broken teeth, avoiding certain foods as they are not able to chew properly and extra slow when eating, etc. Some physical signs to watch for are; gas, heartburn & indigestion, change in speech, weight loss, bad breath, etc. An improper fit and bite may lead to TMJ dysfunction, which is a condition of the jaw-joint that can be caused by worn and ill-fitting dentures. The integrity of your dentures should be checked by a Denturist annually.

We have Gift Certificates available at the clinic, so that you can help a loved one get dentures or denture service. Here are some of the best reasons why a new dentures will be much appreciated as a Christmas present:

- A new denture can greatly improve your loved one's lifestyle
- A denture can enhance your facial features by supporting facial muscles and structures
- Dentures have also been shown to improve self-esteem
- Your loved one will be able to eat a wider variety of foods and increase their health
- Another great advantage of a denture is the ability to speak clearer

A new denture is a special and personal gift. If you have any questions on how you can help with a new denture, do not hesitate to contact us. Our staff is always happy to listen and help.

Mini Cheese Balls Holiday Recipe

In food processor, whirl together 2 cups shredded extra-old white cheddar cheese; 1 pkg (250 g) cream cheese softened, 2 tbsp whipping cream (35%), 1 tsp Dijon mustard and pinch pepper until smooth. Refrigerate for 1 hour. Roll by 1 tbsp into balls, arrange on parchment paper-lined baking sheet. Refrigerate for 1 hour. (Make ahead; layer between waxed paper in airtight container; refrigerate for up to 3 days.) Roll in desired ingredients to coat. Place breadsticks in centre. Will look like upside down lollipops.

Toppings: (1) Crispy bacon + apple chips + chives (2) Toasted Walnuts + dried apricots + chives (3) Dried cranberries + pistachios + chives

Makes about 25 cheese balls

"We Love To Make You Smile"



Kim Dadswell, Denturist

We have a full service denture lab on the premises which is cost effective for our patients.

If you like our service, 'tell someone'. If you don't then, 'tell us'.

Call our office to schedule an appointment that is convenient for you.

Our practice continues to grow by referrals from our patients.

Thank you for recommending us.

Chocolate Mint Smoothies & Christmas Draw Tickets SOLD HERE!



Helpful Tips

- * After every meal dentures should be removed and rinsed.
- * Dentures should be taken out at night and soaked in a denture cup with a commercial cleaner.
- * Always brush the inner surface of the denture as well as the teeth. Prior to cleaning the denture with the denture brush fill the sink with water to avoid accidental breakage.
- * Do not immerse the denture in bleach.

