



DADSWELL DENTURE CLINIC

"We Love To Make You Smile"

72 Pine Street  
Collingwood, ON  
T. 705-445-0011  
F. 705-445-6558

Email: [info@dadswelldenture.com](mailto:info@dadswelldenture.com)  
Website: [DadswellDenture.com](http://DadswellDenture.com)

# March Newsletter

## Welcome to our first Monthly Newsletter

Welcome to our first issue of our monthly Newsletter from Dadswell Denture Clinic. Our goal in producing this Newsletter is to keep our patients informed and involved. Since this is our first Newsletter, we would appreciate your feedback. Please let us know if there are any topics that you would like us to discuss, as well, we would appreciate your comments on this first issue. You can participate by writing an article or sharing your experiences with us. Please email us with your ideas at; [info@dadswelldenture.com](mailto:info@dadswelldenture.com)

## Volume 1, Issue 1



*Kim Dadswell, Denturist*

## Denture Maintenance

Many people believe that dentures last forever! This is simply not true! Dentures should be replaced every five to seven years. Wearing them longer than that without having them maintained is harmful to your health. Dentures may need to be replaced if they become loose and the teeth show signs of significant wear. Worn out dentures can cause permanent damage, compromising the health of the denture wearer. Your face, jaw and tissues change over the years, but your dentures do not. Your dentures are made of a stable and rigid material that cannot adapt to physical changes in the mouth. Some signs that your dentures should be checked are: headaches, neck and joint pain, difficulty chewing, poor digestion and dietary problems, sunken face, irritated and soft gums as well as premature bone loss due to ill-fitting dentures. These subtle changes can happen gradually. Your appearance, comfort and diet are compromised the longer you delay replacing your denture.

Poor fitting dentures can cause sore spots from the pressure of acrylic rubbing on the gums and the mouth could become infected. Are your dentures loose, painful, chipped and worn? Do they have an odour and cause you to have bad breath? Are you hiding your smile? If your dentures are in your pocket more than in your mouth, then it's time to visit us for an evaluation.

## Newsletter Spotlight

Dentures do not last forever! It is very important to have the fit of your dentures checked annually.

Call our office to schedule an appointment that is convenient for you.

*"Our practice continues to grow by referrals from our patients".*

*"Thank you recommending us."*

\* Visit our website at:  
[www.dadswelldenture.com](http://www.dadswelldenture.com)

\* Like us on Facebook

\* Follow us on Twitter

\* Check us out on:  
[ShopCollingwood.com](http://ShopCollingwood.com)

## Denture Cleaning Tip



*Nova Dent denture cleaner.  
One box sells for \$10.00*

Always use a denture cleaner to clean dentures. Regular toothpastes are not recommended for daily use. They may abrade and contribute to the loss of luster and beauty of the denture teeth and base.

It is important to clean your dentures as you would your natural teeth. They must be kept as clean as possible to prevent inflamed gums, bacterial and fungal infections or further tooth loss.

We sell Nova Dent denture cleaner which works very well with cleaning dentures. One box is a 2 months supply and sells for only \$10.00. Stop by our office to get your supply today.

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [info@dadswelldenture.com](mailto:info@dadswelldenture.com) or call 705-445-0011